

# What's to Eat

## A Close Look at Food Around Our School

K-1 Classroom

### Resources

#### Primary Resources

##### Experts on Food

- Education programs coordinator from Spurlock Museum
- Nutritional nurse
- Nutritional scientist
- Parent who spoke about taste buds
- Parent who made foods from scratch
- Parent who brought exotic foods to taste
- Physician
- Pizza chef
- Plant biologist
- Puppet Stuffed with nutritional nurse
- Student from College of Nursing
- Undergraduate science students
- Veterinarian researcher

##### Hands on Materials

- Bean seeds
- Boxes and junk
- Buttons
- Cardboard
- Clay
- Computers
- Corn on cob
- Costumes
- Fabric
- Felt
- Fruits
- Geoboards
- Ingredients for making food recipes
- Legos
- Jar with tight fitting lid
- Measuring cup
- Measuring spoons

- Mill
- Mod Podge
- Money
- Paint
- Paper (large and small)
- Paper cups
- Papier mache
- Pattern blocks
- Rods
- Rulers
- Scales
- Seeds
- Socks
- Soybeans in pods
- Timers
- Thermometers
- Unifix cubes
- Vegetables
- Wheat stalks
- Yarn

### **Computer Software**

- Inspiration
- Kid Pix
- Kidspiration
- PowerPoint
- Simple text
- Web View-n-Do

### **Field Site Visits to Study Food**

- Anita Purves Nature Center and Busey Woods
- Bevier Cafeteria
- Children's Research Center
- Corn field
- Greenhouse
- IGA grocery store
- Papa Dells Pizza
- Pizza Hut Pizza
- Play production of "Jack and the Beanstalk"
- Soybean field

## Secondary Resources

### Books and Stories

- Agree, R.H. (1980). *How to eat a poem & other morsels: Food poems for children*. New York: Random House.
- Anderson, K. C. & Cumbaa, S. (1993). *The bones & skeleton gamebook*. New York: Workman Publishing.
- Bell, M. (Ed.). (n.d.). *The magic pot*. Chicago: Rand McNally & Company.
- Bonne, R. (1961). *I know an old lady*. New York: Scholastic Inc.
- Briggs, R. (1970). *Jim and the beanstalk*. New York: Sandcastle Books.
- Bunting, J. (1996). *My first action word book*. New York: Dorling Kindersley Publishing.
- Cabrera, J. (2001). *Old mother Hubbard*. New York: Scholastic Inc.
- Calmenson, S. (1995). *Kinderkittens: Who took the cookie from the cookie jar?* New York: Scholastic Inc.
- Cameron, P. (1961). *"I can't" said the ant*. New York: Scholastic Inc.
- Carle, E. (1990). *Pancakes, pancakes!* New York: Scholastic Inc.
- Carona, P. B. (1975). *Chemistry & cooking*. Englewood Cliffs, NJ: Prentice-Hall, Inc.
- Child, L. (2000). *I will never not ever eat a tomato*. Cambridge, MA: Candlewick Press.
- Cobb, V. (1972). *Science experiments you can eat*. New York: Scholastic Inc.
- Colandro, L. (2002). *There was an old lady who swallowed a bat!* New York: Scholastic Inc.
- Cosgrove, S. (1974). *The muffin muncher*. Bothell, WN: Serendipity Press.
- Cumbaa S. (1991). *The bones & skeleton book*. New York: Workman Publishing.
- Dabovich, L (1985). *Mrs. Huggins and her hen Hannah*. New York: E.P. Dutton.
- Dawson, N. (1986). *The greedy pig*. New York: Derrydale Books.
- DeBrunhoff, L. (1978). *Babar learns to cook*. New York: Random House.
- Degen, B. (1983). *Jamerry*. New York: Scholastic Inc.

- DePaola, T. (1978). *Pancakes for breakfast*. New York: Scholastic Inc.
- DePaola, T. (1975). *Strega Nona*. New York: Scholastic Inc.
- DePaola, T. (1978). *The popcorn book*. New York: Scholastic Inc.
- Dr. Seuss (1960). *Green eggs and ham*. New York: Beginner Books.
- Ehlert, L. (1987). *Growing vegetable soup*. New York: Scholastic Inc.
- Erlbach, A. (1995). *Peanut butter: How it's made*. Minneapolis, MN: Learner Publications Company.
- Farmer, J. (1999). *Bananas!* Watertown, MA: Charlesbridge.
- Fearnley, J. (1999). *Mr. Wolf's pancakes*. London: Methuen Young Books. *Fairy tales*. (1985). Racine, WI: Merrigold Press.
- Ferrin, W. W. (2000). *Germ on their fingers!* Sevierville, TN: The Wakefield Connection.
- Florian, D. (1992). *A chef*. New York: Greenwillow Books.
- Frank, J. (1977). *Poems to read to the very young*. New York: Random House.
- Freymann, S & Elffers, J. (1999). *How are you peeling?* New York: Arthur A. Levin Books.
- Gabler, M. (1992). *The alphabet soup*. New York: Henry Holt and Company.
- Galdone, P. (1974). *Jack and the beanstalk*. New York: Clarion Books.
- Galdone, P. (1975). *The gingerbread boy*. New York: Clarion Books.
- Gaines, I. (2000). *Pooh's fall harvest*. New York: Scholastic Inc.
- Gelman, R. G. (1992). *Body battles*. New York: Scholastic Inc.
- Gibbons, G. (2002). *The berry book*. New York: Holiday House.
- Giganti, P. Jr. (1992). *Each orange had 8 slices: A counting book*. New York: Scholastic Inc.
- The gingerbread man*. (1967). New York: Scholastic Inc.
- Gretz, S. (1999). *Rabbit food*. Cambridge, MA: Candlewick Press.
- Gwynne, F. (1976). *A chocolate moose for dinner*. New York: Scholastic Inc.

- Hershenhorn, E. (2002). *Chicken soup by heart*. New York: Simon & Schuster Books for Young Readers.
- Hoban, R. (1969). *Best friends for Frances*. New York: Scholastic Inc.
- Hoban, R. (1964). *Bread and jam for Frances*. New York: Scholastic Inc.
- Hoberman, M. A. (1998). *Miss Mary Mack*. New York: Scholastic Inc.
- Hodges, M. (1961). *What's for lunch, Charley?* New York: Scholastic Inc.
- Hopkins, L.B. (Ed.). (1985). *Munching poems about eating*. Boston: Little, Brown and Company.
- Howard, F. (1991). *Aunt Flossie's hats (and crab cakes later)*. New York: Scholastic Inc.
- Hutchins, P. (1976). *Don't forget the bacon*. New York: Scholastic Inc.
- Hutchins, P. (1986). *The doorbell rang*. New York: Mulberry.
- Jack and the beanstalk* (1965). New York: Scholastic Inc.
- Jackson, E. (1995). *The Impossible riddle*. Danvers, MA: Whispering Coyote Press.
- Jerrard, J. (1992). *Jack & the beanstalk*. International.
- Johnny-cake*. (1969). New York: Scholastic Inc.
- Kahl, V. (1969). *The perfect pancake*. New York: Charles Scriber's Sons
- Katz, A. (2001). *Take me out of the bathtub and other silly dilly songs*. New York: Scholastic Inc.
- Krasilovsky, P. (1950). *The man who didn't wash his dishes*. New York: Scholastic Inc.
- The little red hen* (1985). New York: Scholastic Inc.
- Lin, G. (2001). *The ugly vegetables*. Watertown, MA: Charlesbridge Publishing.
- Lionni, L. (1994). *An extraordinary egg*. New York: Scholastic Inc.
- Lobel, A. (1972). *Frog and Toad together*. New York: HarperCollins.
- Lobel, A. (1976). *Frog and Toad all year*. New York: HarperCollins.

- Lobel, A. (1977). *Mouse soup*. New York: Scholastic Inc.
- Lobel, A. (1981). *On market street*. New York: Scholastic Inc.
- Loof, J. (1975). *Who's got the apple?* New York: Random House.
- Manushkin, F. (1990). *Latkes and applesauce: A Hanukkah story*. New York: Scholastic Inc.
- Marshall, J. (1986). *Yummers!* Boston: Houghton Mifflin Company.
- Marshall, J. (1990). *Yummers too: The second course*. Boston: Houghton Mifflin Company.
- Marzollo, J. (1999). *I am an apple*. New York: Scholastic Inc.
- Mathers, P. (2000). *A cake for Herbie*. New York: Atheneum Books
- Matthew, R. (2000). *Cooking a meal*. New York: Franklin Watts.
- Mayer, M. (1988). *The picnic*. New York: A Golden Book.
- McCloskey, R. (1948). *Blueberries for Sal*. New York: Scholastic Inc.
- McMillan, B. (1991). *Eating fractions*. New York: Scholastic Inc.
- Minarik, E. H. (1957). *Little bear*. New York: Scholastic Inc.
- Newing, F. E. & Bowood, R. (1965). *Plants and how they grow*. Loughborough, England: Ladybird Books.
- Numeroff, L. J. (1991). *If you give a moose a muffin*. New York: Scholastic Inc.
- O'Malley, K. (2001). *Humpy Dumpy egg-splodes*. New York: Scholastic Inc.
- Palacios, A. (1998). *Peanut butter, apple butter, cinnamon toast: Food riddles of you to guess*. Milwaukee, WI: Raintree Publishers.
- Paul, D. & Paul, H. (1982). *An introduction to botany*. Loughborough, England: Ladybird Books.
- Paul, D. & Paul, H. (1982). *An introduction to Zoology*. Loughborough, England: Ladybird Books.
- Pettigrew, S. (1974). *There was an old lady who once saw a ghost*. New York: Scholastic Inc.
- Pinczes, E. J. (1993). *One hundred hungry ants*. New York: Scholastic Inc.

- Polacco, P. (1990). *Thunder cake*. New York: Putnam.
- Polette, N. (1989). *The little old woman and the hungry cat*. New York: Greenwillow Books.
- Posada, M. (2000). *Dandelions: Stars in the grass*. New York: Scholastic Inc.
- Powell, J. (1996). *Everyone eats eggs*. Austin, Texas: Raintree.
- Powell, J. (1997). *Everyone eats pasta*. Austin, Texas: Raintree.
- Rocklin, J. (1997). *One hungry cat*. New York: Scholastic Inc.
- Rockwell, A. (1996). *Sweet potato pie*. New York: Random House.
- Royston, A. (1991). *What's inside? My body*. New York: Dorling Kindersley Publishing.
- Rylant, C. (1996). *Mr. Putter and Tabby pick the pear*. New York: Scholastic Inc.
- Schwartz, D. M. (1998). *Animal mouths*. Cypress, CA: Creative Teaching Press.
- Schwartz, D. M. (1998). *Animal skin & scales*. Cypress, CA: Creative Teaching Press.
- Schwartz, D. M. (1997). *In the garden*. Cypress, CA: Creative Teaching Press.
- Schwartz, D. M. (1998). *Plant blossoms*. Cypress, CA: Creative Teaching Press.
- Schwartz, D. M. (1998). *Plant leaves*. Cypress, CA: Creative Teaching Press.
- Schwartz, D. M. (1998). *Plant stems & roots*. Cypress, CA: Creative Teaching Press.
- Scieszka, J. & Smith, L. (1992). *The stinky cheeseman and other fairly stupid tales*. New York: Scholastic Inc.
- Seidler, R. (1978). *Panda cake*. New York: Parent's Magazine Press.
- Sendak, M. (1962). *Chicken soup with rice*. New York: Scholastic Inc.
- Sharmat, M. (1980). *Gregory, the terrible eater*. New York: Scholastic Inc.
- Shaw, C.G. (1993). *It looked like spilt milk*. New York: HarperCollins.
- Shecter, B. (1991). *The big stew*. New York: HarperCollins.
- Shelby, A. (1990). *We keep a store*. New York: Orchard Books.
- Shields, C.D. (2002). *Lucky pennies and hot chocolate*. New York: Dutton Children's Books.

- Slepian, J. & Seidler, A. (1967). *The hungry thing*. New York: Scholastic Inc.
- Slot, T. (1998). *There was an old lady who swallowed a trout!* New York: Scholastic Inc.
- Steig, W. (1976). *The amazing bone*. Toronto, Canada: Collins Publishers.
- Steig, W. (1982). *Doctor De Soto*. New York: Scholastic Inc.
- Turner, A. (1993). *Apple valley year*. New York: Macmillan.
- Vaughan, M. (1999). *Lemonade stand*. New York: Grosset & Dunlap.
- Webb, M. (1987). *The hungry crocodile*. Cleveland, OH: Modern Curriculum Press.
- Webber, I. (1949). *Bits that grow big: Where plants come from*. New York: William .R. Scott.
- Went, F. (1963). *The plants*. New York: Time.
- Westcott, N. B. (1980). *I know an old lady who swallowed a fly*. Boston: Little, Brown and Company.
- Westcott, N. B. (1987). *Peanut butter and jelly*. New York: The Trumpet Club.
- Widman, C. (1992). *The lemon drop jar*. New York: Macmillan Publishing.
- Willard, N. (1990). *The high rise glorious skittle skat roarious sky pie angel food cake*. New York: Harcourt Brace Jovanovich.
- Wilson, M. (1959). *The human body: What it is and how it works*. New York: Golden Press.
- Wise, W. (1997). *Perfect pancakes if you please*. New York: Dial Books for Young Readers.
- Wood, A. (2002). *Sweet dream pie*. New York: Scholastic Inc.
- Wood, D. & Wood, A. (1984). *The little mouse, the red ripe strawberry, and the big hungry bear*. Wiltshire, England: Willowisp Press.
- Ziefert, H. (1998). *Rabbit and hare divide an apple: A puffin math east-to-read*. New York: Viking Children's Books.
- Zion, G. (1959) *The plant sitter*. New York: Scholastic Inc.



### Poems

Justus, M. (1977). Lickety-lick. In J. Frank (Ed.). *Poems to read to the very young*. New York: Random House.

Milne, A. A. (1970). Rice pudding. In *When you were very young*. (p.50). New York: Dell.

Milne, A. A. (1970). The king's breakfast. In *When you were very young*. (p.57). New York: Dell.

Morley, C. (1977). Animal crackers. In J. Frank (Ed.). *Poems to read to the very young*. New York: Random House.

Rossetti, C. (1977). Mix a pancake. In J. Frank (Ed.). *Poems to read to the very young*. New York: Random House.

Dakos, K. (Ed.). (1999). Ten ants in the classroom. In *The bug in teacher's coffee and other school poems*. (pp.34-37). New York: Scholastic Inc.

### Games

*Somebody* (1991). Dexter, MI: Aristoplay.

### Music

Bartok, B. (1959). *Rumanian dance*. On Children's introduction to the great composer. (Directed by Miller, M.), New York: Golden Record.

Brahms, J. (1959). *Hungarian dance*. On Children's introduction to the great composer. (Directed by Miller, M.), New York: Golden Record.

Grieg, E. (1959). *Norwegian dance*. On Children's introduction to the great composer. (Directed by Miller, M.), New York: Golden Record.

Humperdinck, E. (1959). *Children's dance from Hansel and Gretle*. On Children's introduction to the great composer. (Directed by Miller, M.), New York: Golden Record.

Schumann, R. (1959). *The happy farmer*. On Children's introduction to the great composer. (Directed by Miller, M.), New York: Golden Record.

### Visual Art

Fildes, S. L. (1844-1927). *The village wedding*. Warwickshire, England: Philip Green Educational Limited.

Latour, F. (n.d.). *Autumn flowers*. Private collection, Montreal, Canada.

Perez, C. (n.d.). *Still life, flowers*. Private collection, Madrid, Spain.

Perez, C. (n.d.). *Still life in the dark*. Private collection, Beverly Hills, USA.

Pinto, J. (1932- ). *The big banquet*. Warwickshire, England: Philip Green Educational Limited.

Renoir, P. A. (1841-1919). *The luncheon of the boating party*. Warwickshire, England: Philip Green Educational Limited.

Soteras, C. (n.d.). *Mediterranean still life*. Private Collection, Napoli, Italy.